



February 2020

Mountain Villa School
Lunch

Lunch Price List Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

MONDAY

3

New Recipe!

- Super Bowl Sampler Basket with Chicken Crunchers, Soft Pretzel Stick and Tater Tots
- Celery Sticks
- Baby Carrots

TUESDAY

4

- Hamburger on a Bun or Cheeseburger on a Bun
- Emoji Fries

WEDNESDAY

5

- Creamy Mac & Cheese
- Mini Cornbread Loaf
- Sauteed Broccoli

THURSDAY

6



- Waffles
- Breakfast Sausages
- Hash Browns

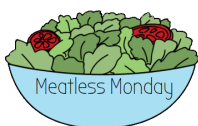
FRIDAY

7

- Bella's Pizza
- Freshly Prepared Italian House Salad



10



New Item!

- Vegetable Empanada with Queso
- Fiesta Rice & Beans

11

New Recipe!

- Chicken Tender Basket with Tater Tots & Pretzel Stick
- Baby Carrots

12

- Cheesesteak Hero
- Cucumber Coins

13

- Turkey Corn Dog Nuggets
- Sweet Potato Waffle Fries

14



17



18

- Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch
- Black Bean and Corn Salad

19

- Pasta with Meatballs
- Warm Breadstick
- Freshly Prepared Caesar Salad

20

New Recipe!

- Turkey BLT on a Croissant
- Hash Browns

21

- Twisted Cheesy Breadsticks with Marinara Sauce
- Freshly Prepared Italian House Salad

24

- Tortilla Chip Day
- Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato and Salsa
- Southwestern/Fiesta Corn

25



- Pancakes
- Breakfast Sausages
- Maple Cinnamon Sweet Potato Fries

26

- Cheese Lasagna Rollup with Marinara Sauce
- Garlic Bread
- Italian Green Beans

27

- Hot Dog Sliders
- BBQ Baked Beans

28



- French Bread Pizza
- Freshly Prepared Garden Salad

Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun , Muffin Meal , Cereal Meal , Bagel Bag & Yogurt Meal

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: allamuchy.nutrislice.com/menu/mountain-villa-school/lunch/

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